

DJASC Risk Assessment V1 – 16 June 2020 V2 – 29 June 2020 V3- 2 August 2020 V4 – 12 August 2020

General Covid-19 Risk Assessment for DJASC

Name of Club:	Driffield Junior Amateur Swimming Club				
Date risk assessment carried out:	26 June 2020/ updated 11 July 2020/ 2 Aug 2020	Person:	Karen Cartwright	Review date:	TBA after 1 st week of swimming

What is the Hazard?	Who might be harmed	Risk rating before controls	Controls considered	Risk rating after controls	Actioned by
Spread of Covid-19 Coronavirus.	 Swimmers Parents Carers Coaches Volunteers 	High	 Hand washing. Letter to members. Changing Room Protocol. Equipment. Rules on pool deck. Rules in the pool. 	Medium	Club Committee and Facility Operator
Maintaining social distancing.	 Swimmers Parents Carers Coaches Volunteers 	High	 Car park rules. Signage. Restricted lane usage. Taped/marked areas on pool deck. 	Medium	Club Committee and Facility Operator
Carpark	 Swimmers Parents Carers Coaches Volunteers 	High	 Information to members on social distancing designated car parking signage and controls at facility. Recommendation for wearing of facial covering during travel to and from training. 	Medium	Club Committee and Facility Operator

Facility entrance and reception area	 Swimmers Parents Carers Coaches Volunteers 	High	 Physical distancing- via separate entry. Information given to parents of protocols. Understanding of one- way system operating as you enter the building. No filling of water bottles. To be brought full – 2 if necessary. 	Medium	Club Committee and Facility Operator
Changing rooms	SwimmersCoachesVolunteers	High	 Use of lockers and changing rooms. One- way system in operation. Athletes to arrive in costume ready to swim. Athletes to have been to the toilet before arrival at the centre. 	Medium	Club Committee and Facility Operator
Health screening incl. track and trace.	 Swimmers Coaches Volunteers 	High	 Completion of screening club health checklist before every training session. Register to be completed each session for attendance and track and trace purposes. Volunteers in guidance have been told if they are displaying symptoms to contact their health team. 	Medium	Lead Coaches/Covid-19 Officer

			 Electronic register with all contact details to be used so all volunteers have access. Covid 19 rep to be responsible for making sure contacts have been followed up – this is an extra safeguard as should be completed by government track and trace personnel.
Someone becomes unwell/injury during session	 Swimmers Coaches Volunteers 	Low	 All coaches will have a kit including mask and gloves. Put on assess and then get lifeguard to complete first aid when necessary. Contact parent/ guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility. If a swimmer gets cramp, allow to get out to stretch it out – maintain physical distance at all times. Accident form to be completed by pool staff.

Phased start and finish times	SwimmersCoachesVolunteers	High	 Physical distancing protocols to be followed at all times. Athletes will start and finish at two different times to alleviate changing room crowding. 	Medium	Coaches/ pool chaperone.
Poolside	SwimmersCoachesVolunteers	High	 Physical distancing protocols to be followed at all times Regular reminders given regarding distancing. Athletes to know which lane and position in lane before the start of a session. 	Medium	Coaches and Duty Manger or other suitable member of staff
During activity	Swimmers	High	 Appropriate training to achieve physical distancing protocols. Coaching from the poolside following appropriate physical distancing protocols. (Pre and post pool exercise are not advised). 	Medium	Coaches
Hygiene measures	SwimmersCoachesVolunteers	High	 Covid-19 Rules communicated to all members in advance. No showers before or after swimming 	Medium	Club Committee/Covid-19 Officer

Equipment	• Swimmers	High	 Communication regarding use and sharing is prohibited. No equipment to be brought with swimmers apart from a filled water bottle and inhalers - where necessary 	Medium	Club Committee
Exit	 Swimmers Coaches Volunteers Parents 	High	 One way system in place. Athlete to leave facility As soon as possible Consider breaks between squad entry and exit to enable the maintaining of physical distancing rules at all times. Instruction to parents for collection of their children. Coach/Pool chaperone to ensure children are picked up by their parent in younger age group outside the facility - (younger age groups). 	Medium	Coaches, Facility Operator
Spectators	ParentsCarers	High	 No spectators allowed. 	Medium	Club Committee/ Facility Operator

Foreign travel	 Swimmers Parents Carers Coaches Volunteers 	High	• If you have left the country, where quarantine rules apply you are required to follow government guidelines.	Medium	Club committee/ Covid-19 Officer	
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