

DJASC Risk Assessment V1 – 16 June 2020 V2 – 29 June 2020 V3- 2 August 2020 V4 – 12 August 2020

## General Covid-19 Risk Assessment for DJASC

| Name of Club:                     | Driffield Junior Amateur Swimming Club               |         |                  |              |  |
|-----------------------------------|--|---------|------------------|--------------|--|
| Date risk assessment carried out: | 26 June 2020/ updated<br>11 July 2020/ 2 Aug<br>2020 | Person: | Karen Cartwright | Review date: | TBA after 1 <sup>st</sup> week of swimming |

| What is the Hazard?                | Who might be harmed  | Risk rating before controls | Controls considered   | Risk rating after controls | Actioned by                             |
|------------------------------------|--|-----------------------------|---|----------------------------|---|
| Spread of Covid-19<br>Coronavirus. | <ul> <li>Swimmers</li> <li>Parents</li> <li>Carers</li> <li>Coaches</li> <li>Volunteers</li> </ul> | High                        | <ul> <li>Hand washing.</li> <li>Letter to members.</li> <li>Changing Room<br/>Protocol.</li> <li>Equipment.</li> <li>Rules on pool deck.</li> <li>Rules in the pool.</li> </ul>   | Medium                     | Club Committee and<br>Facility Operator |
| Maintaining social distancing.     | <ul> <li>Swimmers</li> <li>Parents</li> <li>Carers</li> <li>Coaches<br/>Volunteers</li> </ul>      | High                        | <ul> <li>Car park rules.</li> <li>Signage.</li> <li>Restricted lane usage.</li> <li>Taped/marked areas<br/>on pool deck.</li> </ul>   | Medium                     | Club Committee and<br>Facility Operator |
| Carpark                            | <ul> <li>Swimmers</li> <li>Parents</li> <li>Carers</li> <li>Coaches</li> <li>Volunteers</li> </ul> | High                        | <ul> <li>Information to<br/>members on social<br/>distancing designated<br/>car parking signage<br/>and controls at facility.</li> <li>Recommendation for<br/>wearing of facial<br/>covering during travel<br/>to and from training.</li> </ul> | Medium                     | Club Committee and<br>Facility Operator |

| Facility entrance and reception area       | <ul> <li>Swimmers</li> <li>Parents</li> <li>Carers</li> <li>Coaches</li> <li>Volunteers</li> </ul> | High | <ul> <li>Physical distancing-<br/>via separate entry.</li> <li>Information given to<br/>parents of protocols.</li> <li>Understanding of one-<br/>way system operating<br/>as you enter the<br/>building.</li> <li>No filling of water<br/>bottles. To be brought<br/>full – 2 if necessary.</li> </ul>  | Medium | Club Committee and<br>Facility Operator |
|--|--|------|---|--------|---|
| Changing rooms                             | <ul><li>Swimmers</li><li>Coaches</li><li>Volunteers</li></ul>                                      | High | <ul> <li>Use of lockers and<br/>changing rooms. One-<br/>way system in<br/>operation.</li> <li>Athletes to arrive in<br/>costume ready to<br/>swim.</li> <li>Athletes to have been<br/>to the toilet before<br/>arrival at the centre.</li> </ul>   | Medium | Club Committee and<br>Facility Operator |
| Health screening incl.<br>track and trace. | <ul> <li>Swimmers</li> <li>Coaches</li> <li>Volunteers</li> </ul>                                  | High | <ul> <li>Completion of<br/>screening club health<br/>checklist before every<br/>training session.</li> <li>Register to be<br/>completed each<br/>session for attendance<br/>and track and trace<br/>purposes.</li> <li>Volunteers in<br/>guidance have been<br/>told if they are<br/>displaying symptoms<br/>to contact their health<br/>team.</li> </ul> | Medium | Lead<br>Coaches/Covid-19<br>Officer     |

|  |   |     | <ul> <li>Electronic register with<br/>all contact details to<br/>be used so all<br/>volunteers have<br/>access.</li> <li>Covid 19 rep to be<br/>responsible for making<br/>sure contacts have<br/>been followed up –<br/>this is an extra<br/>safeguard as should<br/>be completed by<br/>government track and<br/>trace personnel.</li> </ul>  |
|--|---|-----|---|
| Someone becomes<br>unwell/injury during<br>session | <ul> <li>Swimmers</li> <li>Coaches</li> <li>Volunteers</li> </ul> | Low | <ul> <li>All coaches will have a kit including mask and gloves. Put on assess and then get lifeguard to complete first aid when necessary.</li> <li>Contact parent/ guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility.</li> <li>If a swimmer gets cramp, allow to get out to stretch it out – maintain physical distance at all times.</li> <li>Accident form to be completed by pool staff.</li> </ul> |

| Phased start and finish times | <ul><li>Swimmers</li><li>Coaches</li><li>Volunteers</li></ul> | High | <ul> <li>Physical distancing protocols to be followed at all times.</li> <li>Athletes will start and finish at two different times to alleviate changing room crowding.</li> </ul>  | Medium | Coaches/ pool<br>chaperone.  |
|-------------------------------|---|------|---|--------|--|
| Poolside                      | <ul><li>Swimmers</li><li>Coaches</li><li>Volunteers</li></ul> | High | <ul> <li>Physical distancing<br/>protocols to be<br/>followed at all times</li> <li>Regular reminders<br/>given regarding<br/>distancing.</li> <li>Athletes to know<br/>which lane and<br/>position in lane before<br/>the start of a session.</li> </ul> | Medium | Coaches and Duty<br>Manger or other<br>suitable member of<br>staff |
| During activity               | Swimmers  | High | <ul> <li>Appropriate training to achieve physical distancing protocols.</li> <li>Coaching from the poolside following appropriate physical distancing protocols.</li> <li>(Pre and post pool exercise are not advised).</li> </ul>                        | Medium | Coaches  |
| Hygiene measures              | <ul><li>Swimmers</li><li>Coaches</li><li>Volunteers</li></ul> | High | <ul> <li>Covid-19 Rules<br/>communicated to all<br/>members in advance.</li> <li>No showers before or<br/>after swimming</li> </ul>   | Medium | Club<br>Committee/Covid-19<br>Officer                              |

| Equipment  | • Swimmers   | High | <ul> <li>Communication<br/>regarding use and<br/>sharing is prohibited.</li> <li>No equipment to be<br/>brought with<br/>swimmers apart<br/>from a filled water<br/>bottle and inhalers -<br/>where necessary</li> </ul>   | Medium | Club Committee                       |
|------------|--|------|--|--------|--------------------------------------|
| Exit       | <ul> <li>Swimmers</li> <li>Coaches</li> <li>Volunteers</li> <li>Parents</li> </ul> | High | <ul> <li>One way system in place. Athlete to leave facility As soon as possible Consider breaks between squad entry and exit to enable the maintaining of physical distancing rules at all times.</li> <li>Instruction to parents for collection of their children. Coach/Pool chaperone to ensure children are picked up by their parent in younger age group outside the facility - (younger age groups).</li> </ul> | Medium | Coaches, Facility<br>Operator        |
| Spectators | <ul><li>Parents</li><li>Carers</li></ul>   | High | <ul> <li>No spectators<br/>allowed.</li> </ul>   | Medium | Club Committee/<br>Facility Operator |

| Foreign travel | <ul> <li>Swimmers</li> <li>Parents</li> <li>Carers</li> <li>Coaches</li> <li>Volunteers</li> </ul> | High | • If you have left the country, where quarantine rules apply you are required to follow government guidelines. | Medium | Club committee/<br>Covid-19 Officer |  |
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